

The Shoulder, Assessment

and Treatment

7.0 Contact Hours

Description

This course is geared toward physical therapists, physical therapists assistants, occupational therapists, occupational therapist assistants, and athletic trainers.

It will be a mixture of lecture and hands on instruction. The course will begin with an anatomy review and end with lab work to give each attendee a chance to practice techniques.

Course Objectives

Upon completion of this course, the participant should be able to:

- Understand the anatomy and biomechanics of the shoulder and how this understanding relates to everyday function.
- Be able to trace all the nerves of the upper extremity through their course and discern any abnormal findings.
- Be able to know the common diagnoses given to shoulder pain and understand the implications of these pathologies.



- Differentiate anatomical structures affected by injury and implications in rehabilitation.
- Develop rationale for treatment schemes based on knowledge of the latest research, anatomical and biomechanical guidelines, tissue healing, and the physiology of tissues.
- Demonstrate manual and exercise-based techniques common in rehabilitation of shoulder structures.
- Discern between cervical-based pathologies and shoulder-complex based pathologies



SCHEDULE OF EVENTS

Saturday, August 28, 2010

8:00-8:30am	Registration
8:30-10:00am	Anatomical Review
10:00-10:15am	Break
10:15-12:00pm	Functional anatomy and biomechanics (posture + structure)
12:00-1:00pm	Lunch provided
1:00-2:30pm	Lab: Exam of the cervical, Shoulder & thoracic
2:30-2:45pm	Break
2:45-4:30pm	Lab: Treatment & specific Patient examples
4:30-5:00pm	Closing and Summary

ARKANSAS PHYSICAL THERAPY ASSOCIATION

P.O. Box 202
Conway, AR 72033
Phone: 501-548-6003
Fax: 501-548-6003
E-mail: arpta@alliancecable.net

Registration

Name

Address

City/State/Zip

Phone Number

Email

APTA #

Total Enclosed for Registration _____

Please Make Registration Check to:
Arkansas Physical Therapy Association
P.O. Box 202
Conway, AR 72033

STATUS—Please mark which category you fit in.	Sat. Cost
APTA PT Member	\$100 <input type="checkbox"/>
APTA PTA Member	\$75 <input type="checkbox"/>
PT/OT/ATC Nonmember	\$135 <input type="checkbox"/>
PTA/COTA Nonmember	\$115 <input type="checkbox"/>
PT/PTA Students & NW Medical Center Staff	\$40 <input type="checkbox"/>

Your registration confirmation will be sent by email.

Deadline to Register is Aug. 20, 2010

For more information or questions call

ArPTA Executive Director
Becky Sewell
501-548-6003 ph or 479-858-2760 cell
501-548-6003 fax

About our Speaker...

Steve Forbush received a PhD in Physical Therapy from Nova Southeastern University in 2009. His entry degree in PT was a Masters Degree from the University of Alabama in Birmingham in 1979. He immediately continued with a residency in Orthopedics from the Institute of Graduate Health Sciences in Atlanta, which was completed in 1982. In between this early education and the PhD degree, Steve worked as a manager and wellness coordinator for a regional medical system, managed a successful private practice for about 20 years, and coordinated and managed 6 outpatient sites for a large regional medical center. Dr. Forbush has had a great interest in the spine and manual interventions since early in his residency and has been teaching techniques to PTs, Chiropractors, and Osteopaths since 1990. He is a certified specialist in manual and manipulative therapy through the Australian Osteopathic Approach; a member of the APTA; a member of the Orthopedic, HPA, and Cardiopulmonary Sections of the APTA, and the president of the ArPTA. He is presently employed as an Assistant Professor of Physical Therapy at the University of Central Arkansas.

Credits

This course has been approved for 7.0 contact hours by the Arkansas State Board of Physical Therapy and the Athletic Trainer's Association Board of Certification.

Certificates will be provided at the

conclusion of the course.

BOC #P8206



Attention PTs, OTs, PTAs, COTAs, ATCs & Students

Northwest Medical Center is co-hosting

The Shoulder: Assessment and Treatment

Presented by Steven Forbush, PT, PhD

August 28, 2010

8:00am to 5:00pm

Northwest Medical Center

Class Rooms B & C
609 W. Maple
Springdale, AR

Sponsored by

the Arkansas Physical Therapy Association

