Physical Therapy for the Bariatric Patient

4.0 Contact Hours

Description

More and more of the clientele at physical therapy clinics in our country are classified as obese (40% in Arkansas) or overweight (67% in Arkansas). In fact, it is listed by the CDC as the disease which is spreading more rapidly than any other in the USA and the World. This co-morbidity needs to be addressed in any rehabilitation program. This course is designed to allow the participant to have a better understanding of the needs and the concerns in the rehabilitation of the overweight/obese or bariatric surgery patient. Review of the equipment needs for a clinic treating heavier patient/clients, physical limitations that will be manifest through an intervention, and review of evidence in successful management for weight loss and conditioning of the bariatric client/patient will be offered. Management of the post-bariatric surgery patient will also be discussed.

Course Objectives

Upon completion of this course, the participant should be able to:

- Calculate the BMI or % of body fat/obesity for any patient/client
- Understand the special equipment needs and costs to any clinic in the treatment of heavy patients/clients
- Understand what really works in weight loss strategies/diets/programs and what doesn't work, according to the evidence in the literature, for both post-surgical and non-surgical patients
- Understand the unique needs of the post-surgical client
- Develop a rehabilitation protocol for an obese or bariatric patient based on unique therapy needs
- Choose proper and effective intervention strategies for varied patient problems in the obese
- Develop and implement a post bariatric surgery rehabilitation program

Directions: Coming from Fayetteville, take I-540 North take exit 86 toward Bentonville/Rogers. Turn right onto SE 14th/US 62, take left at the light onto Water Tower Road, then left into parking lot/parking garage.

The course will be in the Student Center room SC108.

SCHEDULE OF EVENTS

Saturday, April 14, 2012

7:30-8:00am	Registration
8:00-12:00pm	Growing Obese Population
	Calculating the BMI
	Weight Loss Strategies
	Needs of the Bariatric Patient
	Developing Protocols
	Choosing Effective Strategies
	Post-Bariatric Surgery Rehab Program
12:00pm	Course Adjourned

ARKANSAS PHYSICAL THERAPY ASSOCIATION

P.O. Box 202
Conway, AR 72033
Phone: 501-548-6003
Fax: 501-548-6003
E-mail: arpta@alliancecable.net

Registration for PT for the Bariatric Patient

Name _____

Address _____

City/State/Zip _____

Phone Number _____

Email _____

APTA # _____ License # _____

Total Enclosed for Registration _____

Please Make Registration Check to:
ArPTA
P.O. Box 202
Conway, AR 72033

STATUS—Please mark which category you fit in.	Sat. Cost
APTA Members	$79 ☐
APTA PTA Member	$69 ☐
PT/OT/ATC Nonmember	$99 ☐
PTA/COTA Nonmember	$79 ☐
NWACC Faculty	$40 ☐

Deadline to Register is April 1, 2012

Your registration confirmation will be sent by email.

For more information or questions call

ArPTA Executive Director
Becky Sewell
501-548-6003 ph or 479-858-2760 cell
501-548-6003 fax

About our Speaker...

Steve Forbush, PT, PhD, is an Assistant Professor in Physical Therapy at the University of Central Arkansas in the DPT program and has been there since 2006. Steve received at PhD in PT from Nova Southeastern University in 2009 with his dissertation focused on success parameters for post-surgical bariatric patients. He has published on this topic in several prestigious journals. His entry degree in physical therapy was a Master's Degree in Physical Therapy from the University of Alabama in Birmingham in 1979 and he immediately continued with a residency in Orthopedics from the Institute of Graduate health Sciences in Atlanta until 1982. In between his entry level degree and his doctoral credentials, Steve worked as a manager and wellness coordinator for a regional medical center, managed a successful private practice for over 17 years, and coordinated and managed 6 outpatient sites for a large regional medical center in North Georgia. Dr. Forbush has been teaching courses on his unique approach to management of PT practice and differential diagnosis since the early 1990's. He is also active in the APTA and presently the president of the Arkansas Physical Therapy Association, on the Board of the Health Policy and Administration Section of the APTA, and a member of the HPA, Cardiopulmonary and Orthopedic Sections.

Credits

This course has been approved for 4.0 contact hours by the Arkansas State Board of Physical Therapy and the Athletic Trainer's Association Board of Certification.

Certificates will be provided at the conclusion of the course.

BOC #P8206

APPROVED CE PROVIDER BOC

Attention PTs, OTs, PTAs, COTAs, & Students

Northwest Arkansas Community College is co-hosting

Physical Therapy for the Bariatric Patient

Presented by Steven Forbush, PT, PhD

April 14, 2012

7:30am to 12:00pm

Northwest Arkansas Community College

One College Drive
Burns Hall Room 2407
Bentonville, AR72712

Sponsored by

the Arkansas Physical Therapy Association