

The Shoulder—Sept. 12

5.5 Contact Hours

Description

This program is designed to go from “traditional” to “contemporary”. Much of our present thought regarding the shoulder has evolved through clinical observation and arthroscopic illumination. Unfortunately, the arthroscopic allows elucidation of joint structure, not function. We believe the etiology of many difficult shoulder patients can be described through concepts of micro trauma. This process is of repetitive stress requiring tissue adaptation. We will begin the workshop with anatomy and a traditional macro trauma (single event injury) look at common glenohumeral conditions.

Shoulder Screening Lab—Sept. 13

3.0 Contact Hours

Description

The lab course is designed to allow for demonstration of techniques and practice of techniques for screening various shoulder injuries and treatment techniques for rotator cuff injuries, glenohumeral instability, SLAP lesions and other shoulder injuries.

Objectives

1. Be able to describe the manual assessment of A-P, inferior and other capsular restraints.
2. Have been exposed to the history and present thought of instability surgeries and rehabilitation.
3. Have seen demonstrated special techniques to be used with patients presenting with restricted motion and function.
4. Be aware of the history and present thought regarding A-C ligament surgery and rehabilitation.
5. Appreciate the reality that some recalcitrant shoulder patients will not respond to rehabilitation.

SCHEDULE OF EVENTS

Saturday, Sept. 12

| | |
|---------------|--|
| 7:30-8:00am | Registration |
| 8:00-9:15am | Anatomy & Biomechanics |
| 9:15-9:30am | Break with Vendors |
| 9:30-10:30am | Rotator Cuff Today |
| 10:30-10:45am | Break with Vendors |
| 10:45-12:00pm | Glenohumeral Instability |
| 12:00-1:00pm | Lunch (business lunch provided and for Rehab Net members staff only) |
| 1:00-2:00pm | Labral Conditions (SLAP) |
| 2:00-2:15pm | Break with Vendors |
| 2:15-3:15pm | Why Some Shoulder Patients Don't Get Well |
| 3:30-5:30pm | ArPTA Business Meeting |

Sunday, Sept. 13

| | |
|--------------|------------------------|
| 9:00-12:00pm | Shoulder Screening Lab |
|--------------|------------------------|

ArPTA PAC Reception

With Special Guest Speaker

Senator Gilbert Baker

Mike's Place

808 Front Street

Conway, AR

Saturday, Sept. 12, 2009
7-9pm

\$35 per person

Heavy Hors D'oeuvres
And Cash Bar

Senator Baker is a member of the Senate Committee on Health, Welfare and Labor.

REHABILITATION
NETWORK OF ARKANSAS

P.O. Box 202

Conway, AR 72033

Phone: 501-548-6003

Fax: 501-548-6003

E-mail: rehabnet@allianceable.net

Registration

Name
Address
City/State/Zip
Phone Number
Email

Please check or circle the following items:

Rehab Net Lunch Mtg _____ PAC Event _____ \$35
(Rehab Net members only)

Total Enclosed for Registration _____
Total Enclosed for PAC Event _____

| STATUS | Sat. Cost | Sun. Cost |
|--|-----------|-----------|
| Rehab Net Member— Charge for Lunch Business Meeting only | \$15 | n/c |
| ArPTA PT Member | \$125 | \$50 |
| ArPTA PTA Member | \$90 | \$35 |
| PT Nonmember | \$175 | \$75 |
| PTA Nonmember | \$125 | \$35 |
| Student | \$55 | \$30 |
| Other Attendees (ATC, OT, LMT, etc.) | \$175 | \$75 |

Deadline to Register is Sept. 4, 2009

Please Make Registration Check to:
Arkansas Physical Therapy Association
c/o Rehabilitation Network of AR
P.O. Box 202
Conway, AR 72033

Please Make PAC Event Checks to:
ArPTA PAC
c/o Amy Denton
2740 College Avenue
Conway, AR 72034

About our Guest Speaker...

Raised an Ohioan, Terry attended Bluffton College and received a Baccalaureate degree in 1973. He then went to Duke University, where he received a Master of Science in Physical Therapy and a Doctorate in Education. From 1975 through 1980, he coordinated Sports Physical Therapy at the University of Indianapolis. From 1980 through 1986, he served as an Associate Professor and Director of that program. In 1987, he returned to Duke University as Executive Director of the Sports Medicine Center. In 1993, he became Associate Professor and Director of the Division of Physical Therapy at the University of Kentucky and is now a full Professor there. Terry is a certified athletic trainer as well as a licensed physical therapist, and serves as a faculty member in both the Medical School and the Graduate School of the University of Kentucky. He has been an active member of the Sports Physical Therapy Special Interest Group of the American Physical Therapy Association, the National Athletic Trainers Association, and the American Orthopedic Society for Sports Medicine. By virtue of his publications and contributions to the profession, he is considered to be one of the premier and most sought after clinicians in his field.

Credits

Upon completion of the course, participants will receive a certificate for 5.5 contact hours for Saturday's course and 3.0 contact hours for Sunday's course. CEU's are preapproved by the Arkansas State Board of Physical Therapy and BOC for athletic trainers.

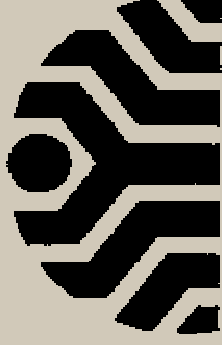
Techniques should only be applied within one's professional scope of practice as dictated by their State Practice Act.

(BOC Approved Provider #P3532)



The Shoulder

Terry R. Malone, MSPT, EdD,
ATC, FAPTA



Fall Meeting

Sept. 12-13, 2009

Hilton Garden Inn

805 Amity Road

Conway, AR

Arkansas Physical

Therapy Association

&

Rehabilitation Network of AR